



ADULT PROGRAMS					
For more information, email: adultprograms@saskhvca.com					
Class	Day	Dates	Time	Location	Cost
Yoga	Monday	Sept. 20 – Dec. 6	7:00 – 8:00 pm	Multi-purpose Room (Hampton School)	\$60
Salsa	Tuesday	Sept. 21 – Nov. 23	8:00 – 8:45 pm	Multi-purpose Room (Hampton School)	\$45
Floor Hockey	Tuesday	Sept. 21 – Dec. 14	8:00 – 9:00 pm	St. Lorenzo School Gym	\$30
Bootcamp	Thursday	Sept. 23 – Nov. 25	6:30 – 7:30 pm	Online (Zoom)	\$55
Co-Ed Volleyball	Thursday	Sept. 23 – Dec. 16	8:00 – 9:00 pm	St. Lorenzo School Gym	\$20

CHILD & YOUTH PROGRAMS					
For more information, email: childprograms@saskhvca.com					
Class	Day	Dates	Time	Location	Cost
Making Music (3-4 year old)	Tuesday	Sept. 21 – Nov. 23	5:30 – 6:00 pm	Hampton Free Methodist Church	\$40
Making Music (5-7 year old)	Tuesday	Sept. 21 – Nov. 23	6:10 – 6:40 pm	Hampton Free Methodist Church	\$40
Preschool Dance (3-4 year old)	Tuesday	Sept. 21 – Nov. 23	5:15 – 5:45 pm	Community Resource Centre (Hampton School)	\$35
Preschool Dance (3-4 year old)	Tuesday	Sept. 21 – Nov. 23	5:55 – 6:25 pm	Community Resource Centre (Hampton School)	\$35
Dance (5-7 year old)	Tuesday	Sept. 21 – Nov. 23	6:35 – 7:05 pm	Community Resource Centre (Hampton School)	\$35
Hip Hop (8-12 year old)	Tuesday	Sept. 21 – Nov. 23	7:15 – 7:45 pm	Community Resource Centre (Hampton School)	\$35
Cheer (6-8 year old)	Thursday	Sept. 23 – Dec. 2	6:00 – 6:50 pm	Multi-purpose Room (Hampton School)	\$40
Cheer (9-12 year old)	Thursday	Sept. 23 – Dec. 2	7:00 – 8:00 pm	Multi-purpose Room (Hampton School)	\$40
Youth Basketball (12-17 year old)	Friday	Sept. 24 – Dec. 10	6:00 – 8:00 pm	St. Lorenzo School Gym	FREE*

DAYTIME PROGRAMS					
For more information, email: daytimeprograms@saskhvca.com					
Class	Day	Dates	Time	Location	Cost
Mom & Baby Fitness	Tuesday	Sept. 21 – Nov. 23	9:30 – 10:30 am	Community Resource Centre (Hampton School)	\$50
Cards, Games & Coffee	Thursday	Sept. 2 – Dec. 16	1:00 – 3:00 pm	Community Resource Centre (Hampton School)	FREE*

KINDER SOCCER

Please note: Kinder Soccer has been **CANCELLED** for this season as we do not have a Kinder Soccer Coordinator.
If you are interested in volunteering, please email: president@saskhvca.com

YOUTH SOCCER					
For more information, email: soccer@saskhvca.com					
Age Group	Born in	Gender	Game Format	Cost	
Under 5	Born in 2017	Co-Ed	3 vs 3	\$115	
Under 7	Born in 2015/2016	Girls/Boys	4 vs 4	\$140	
Under 9	Born in 2013/2014	Girls/Boys	5 vs 5	\$175	

Registration for Indoor Youth Soccer (Under 5 – Under 9) is now open! The registration deadline is **Saturday, September 11th, 2021**.
Indoor Season runs from Oct. 17th, 2021, to mid-March, 2022. For more information, visit our website: www.saskhvca.com/youth-soccer/

*****Online Registration opens at 12:00 pm on Sunday, August 22nd, 2021 *****

Visit our website for details: www.saskhvca.com

*A community association membership, from anywhere in Saskatoon, must be valid to register in a program.
Annual HVCA Memberships are available for purchase at a cost of \$10.00 per family/household.
Membership fee is non-refundable.