



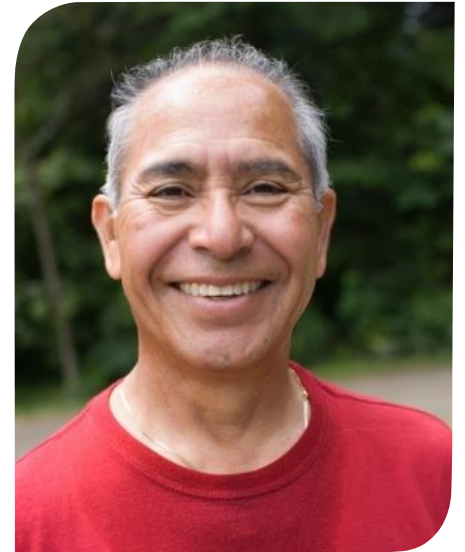
Saskatchewan
Health Authority

LiveWell with Chronic
Conditions

Put Life Back in Your Life

I was tired. I hurt all the time. It felt like my health problems were telling me what I could and couldn't do.

LiveWell with Chronic Conditions workshops put me back in charge. Now I have the energy to do the things that matter.
I've put life back in my life!



Tuesdays, January 21 – March 3, 2020 (Feb 18 No class)

1:00-3:30 pm

1055 Hampton Circle, Use Community Entrance

Community Resource Room Saskatoon

To register please call **306 655-5483**

Closing date 18 January 2020



saskhealthauthority.ca