

# THE HAMPTON VILLAGER

Winter 2014

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## Hampton Village's Year at a Glance

- Mar 4** Spring Registration
- Mar 15** Bowling Night  
- more info to come
- May 10** Annual Garage  
Sale & BBQ
- June 7** Volunteer  
Appreciation Night
- June 26** Hampton's  
Family Fest
- June 28** Slow Pitch  
Tournament
- Sept 5** Steak Night  
-more info to come
- Oct 8** HVCA Annual  
General Meeting
- Nov 1** Pumpkins in  
the Park
- Jan 4/15** Christmas Tree  
Pickup

More events may be added at later dates



**Have some FUN this winter in our Beautiful Parks!**

Sledding, Skating, Skiing and just playing in the snow are all great ways to enjoy winter with your friends and family!



**Get to know your Hampton Village Community Association!**

We're just like you! We're the parent's you see at the schools, neighbors you see on your walks, families skating on the new rink & the rushed Mom's & Dad's stopping at Shoppers on the way home to grab milk.

We're ALL busy people and we are all involved in many different things outside the HVCA, but when we all do a little, we can accomplish a lot! Just look at our fabulous new rink (we hear it's pretty much the best around!!). And we have MORE fun and exciting projects coming up, but we can't do it without your help! Come to a meeting or event and find out how YOU can give a little back to your community!

Hampton Village Community Association  
P.O. Box 30048  
1624 33rd Street  
Saskatoon, SK S7L 7M6  
[saskhvca.com](http://saskhvca.com)

## Call for Volunteers!!

Need something to do?

**Bored?**

Interested in supporting your community??

**Nosy?**

Come out and join the Hampton Village Community Association!!

The HVCA is looking for volunteers to fill a number of positions. Volunteers & Members are the cornerstone to any community. Share the feeling of community pride! When we all GET INVOLVED it's amazing what we can accomplish! Join us at one of the monthly meetings to find out how you can help! Meetings are held every second Wednesday of the month at 6:30pm at the Hampton Free Methodist Church.

Questions? email us at: [contact@saskhvca.com](mailto:contact@saskhvca.com)

### Your Community Association

We represent our neighborhood on civic issues  
We meet with city departments to discuss items and events that affect our neighborhood  
We plan social events for all members of our community  
We publish a newsletter - fall/winter & spring  
We maintain a website at [saskhvca.com](http://saskhvca.com)  
The HVCA is funded by city and provincial grants, fundraising events, as well as the purchase of memberships.  
So buy one and support your HVCA!

**Support the HVCA by purchasing a membership for \$10/family. Memberships are recognized by all Saskatoon Community Associations and allows you to register for programs in other communities. To purchase a membership, please come to one of our Community Association Meetings which take place every 2nd Wednesday evening at 6:30pm at the Hampton Free Methodist Church, or email us at [contact@saskhvca.com](mailto:contact@saskhvca.com)**

We are currently seeking:

**An Accountant** – We need someone who is willing to do our review. As a non-profit community association, funds are limited, so we would appreciate anyone who has a certification that does reviews that would be willing to help perform the review for a reduced fee, possibly some free advertising in our newsletter, etc.

**A Treasurer** – We are currently in need of a treasurer.

**Newsletter** – Our newsletter team is always looking for people to help come up with good content for the newsletter, people willing to help put it together & deliver it to our residents.

**Garage sale/bbq Committee** - Help plan our annual community garage sale/bbq. The more volunteers, the less work. It is a fun day that is also fun to plan.

**General Volunteers** – We are always looking for people to help with everything that we do in the community.

**Rink** – We are in need of people to supervise our public skate times.

Interested in helping? Email us or come to one of our meetings!

**SPRING IS (HOPEFULLY!) JUST AROUND THE CORNER!! AND THAT MEANS ITS ALMOST TIME FOR THE:**

**HAMPTON VILLAGE  
ANNUAL COMMUNITY**



**MAY 10th, 2014**

**Get that spring cleaning  
started and be ready!!**



# Symmetry therapeutics

## Specializing in:

Registered Massage Therapy

Don Wickstrom, RMT  
Myofascial Release & CranioSacral

Mandy McLachlan, RMT  
Deep Tissue & Therapeutic Massage

Jenny Kyplain, RMT  
Deep Tissue & Therapeutic Massage

Assessment Based Therapeutic Massage

Treatable Conditions: (But not limited to)

Pregnancy, Muscle Tension, Stress, Whiplash, Muscle Spasms, Trigger Points, Joint Pain, Strains, Sprains, Tendonitis, Scar Tissue Release, Headaches (all types), Carpal Tunnel Syndrome, Repetitive Stress Syndrome

## Striving for Balance

### Dr. Natural Medicine

Dr. Sajid Ali

DNM, DHS, MD (AM), DHMS,  
RNP, RH, BISS, B.Sc

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Integrative Microscopy Specialist, Blood analysis

By using his customized products, he has been treating patients with great success, for the following health conditions (but not limited to):

- Sciatica, Degenerative Disc, Nerve Compression, within 30-90 days
- Arthritis, (Osteo & Rheum) 15-90 days.
- Diabetes, 3-9 months
- Migraine, 15-90 days.
- Allergy, Asthma, Sinus Congestion, Headaches 30-90 days
- Anxiety, PD, SAD, 90 days, no more pills
- Weight Loss 15 - 45 lbs in 30 days and no regaining of weight
- Hair Loss
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**Looking to make a move?? Buy or sell a home through me and I'll donate \$200 per sale to the Hampton Village Community Association (just mention this ad). Call or email for more details. 306-717-1663 or [kmathesonc21@hotmail.com](mailto:kmathesonc21@hotmail.com)**

306.384.7200  
@cambroten  
f cambroten

**NDP** leader

# cambroten

MLA saskatoon massey place





## Hampton Village Crime Stats - December 2013

Date	Offence	Location
December 31, 2013	Theft of Motor Vehicle	100 Block Hampton Circle
December 31, 2013	Robbery	100 Block Hampton Circle
December 30, 2013	Other Theft Under \$5000	100 Block Korol Cres
December 28, 2013	Break & Enter - Residential	200 Block Greenfield Cres
December 25, 2013	Controlled Drug & Substance Act	3000 Block McClocklin Rd
December 21, 2013	Provincial Traffic Safety Act	600 Block Hargreaves Lane
December 21, 2013	Provincial Traffic Safety Act	East Hampton Blvd & Korol Mews
December 20, 2013	Other Theft Under \$5000	2300 Block McClocklin Rd
December 19, 2013	Assault	3300 Block McClocklin Rd
December 14, 2013	Provincial Traffic Safety Act	200 Block Dawson Cres
December 13, 2013	Other Theft Under \$5000	100 Block Allwood Cres

**Report Crime or Suspicious Activity!! Please call 306-975-8300 for non-emergency situations.**  
In order to have the police increase presence, we need to report any criminal activity!!

## Graffiti

Graffiti is a criminal code offense which carries a maximum jail sentence of 2 years. Not only does graffiti make an area look unsafe and reduce property values, but it is an invitation for other criminal activity. The cost to Saskatoon residents as a result of reported graffiti vandalism each year is in excess of \$455,000. There are steps you, as a home owner, can take to reduce the chance that you will be a victim of this crime.

- **Keep your property neat and well-maintained**. This sends the message that you care about your property and your neighborhood and will not tolerate crime.
- **Plant clingy or thorny vegetation** such as vines, shrubs or rose bushes around your property. This limits wall space and access to surfaces that might otherwise be considered suitable for graffiti.
  - **Make property boundaries clear** by placing durable fencing around property lines.
  - **Remove objects in the area that encourage loitering**. For example, payphones and benches.
- **Install motion lighting around your property**. Not only do taggers like to commit their crimes under the mask of darkness, they don't like witnesses. Make sure to place your lights in such a location that they can not simply be unscrewed or damaged.
- **Remove graffiti promptly**. Taggers gain fame and power amongst their peers only if their peers are able to see their work. It is a proven fact that removing graffiti within 24 hours dramatically lessens the chance that it will reappear.

## REPORT GRAFFITI!!

If you notice tags on your property please contact the Saskatoon Police Service at 975-8300 to make a report. The graffiti will be photographed by an investigator, added to the graffiti data base, and investigated. Many charges result from reported graffiti and without reporting, the damage continues unanswered.

## Hampton Village and Dundonald Spring 2014 Flag Football Registration



For those interested in registering for spring flag football for Hampton Village or Dundonald

- Registration begins Online March 1st, 2014
- Grades 1 through 8, boys and girls



Visit [www.saskatoonminorfootball.com/spring](http://www.saskatoonminorfootball.com/spring) for more details.

# Hampton Village Soccer Kicks Butt!



Many Hampton Village families spend plenty of evenings and weekends at the Soccer Center cheering on their kids!

Hampton Village has been running an extremely successful soccer program for several years now. We are extremely proud of how this program has grown into one of the largest in the city. We appreciate and thank all our coaches, past and present as well as participants. Last year brought our largest

registrations thus far. Thanks to a grant from the City of Saskatoon and Safeway at Confederation Park Mall we were able to put on the largest and most exciting Soccer Appreciation BBQ !!

This Indoor season we have started our first Skills Development Camp. This has been offered to all U8 and U10 players. This camp is where players can refine their individual skills from a certified provincial instructor to bring out the best in each player. The improvements seen in the players who have been attending the academy are very noticeable.

Coaches are very hard to come by! This has been an ongoing issue.

Many return coaches find this to be an extremely rewarding position and we can't thank you enough for all that you do. When signing up your child for soccer please consider stepping up into the role of coach or assistant coach. We have access to many different resources (training courses and literature) if you need some assistance to get started.

Volunteers....we can't forget about the volunteers that have helped with soccer registration night, sorting of equipment, coaches night, the Appreciation BBQ.

Thank you so much to everyone.

Mac's .... you are welcome for the increase in slurpee sales all summer! ;)

Melanie Litvenenko, HVCA Soccer Coordinator  
soccer@saskhvca.com





# Outdoor Soccer Registration

**Hampton Village / Dundonald**

**Tuesday March 4 - 5:30pm to 8:00pm**

**Dundonald School Large Gym**

## Kinder Soccer

- ⚽ Ages 3 to 4 (must be 3 by May 1, 2014)
  - ⌘ \$40.00
- It is very interactive, lots of games, playing and fun.

## Mini Soccer – Saskatoon Youth Soccer

- ⚽ Under 6 (born 2008/2009)
  - ⌘ \$60.00 – Sponsored by Tim Hortons (no uniform deposit)
  - ⌘ Mini FOS Tournament fee included
- ⚽ Under 8 (born 2006/2007)
  - ⌘ \$75.00 – Uniform deposit of \$45.00 required
  - ⌘ Mini FOS Tournament fee included
- ⚽ Under 10 (born 2004/2005)
  - ⌘ \$90.00 – Uniform deposit of \$45.00 required
  - ⌘ Mini FOS Tournament fee included

- You are welcome to play with any community association within the city
- Any community association membership accepted
- All payment made payable to **Hampton Village Community Association (HVCA)**
- Applications for KidSport will be available
- Late registrations will be subject to a \$40.00 late fee

### Coaches & Assistant Coaches needed:

No experience necessary; additional coaching resources and clinics are available.



Contact Melanie: [soccer@saskhvca.com](mailto:soccer@saskhvca.com)



## ***\*\*WINTER IS HERE!!\*\* and Hampton Village has LOTS to do!!***



The Rink has been enjoyed by many members of the community since it opened!

### **Hampton Village Kinsmen Community Rink - NOW OPEN!!**

Hampton Village Community Association (HVCA) is proud to say that our rink finally opened Dec. 1, 2013! Over the past 5 years HVCA has been working extremely hard raising money to fund this project. We want to thank ALL the volunteers who helped build, fix and maintain the rink. Also a big THANK YOU to everyone who volunteered with barbecues, garage sales, steak nights, carnivals, soccer, registration nights, slow pitch tournament and more over the past few years raising the money for this project. To our wonderful volunteers and everyone who joined in these events we sincerely **thank you!**

Since the first day our rink opened it has been VERY busy. We have a lot of little children learning to skate, parents and many hockey players shooting pucks around the ice. It is a great feeling of success for everyone having our rink complete.

A few things we ask people to keep in mind. Please respect any signs around the rink. All community rinks have agreements with the City of Saskatoon to have supervised skate times; ours are scheduled Tuesdays/Thursdays 6-8 and Saturdays 1-3. Everyone is welcome, but no sticks or pucks are allowed during these times. This ensures all ages and skill levels get a chance to learn to skate. Please respect the rules. We have Christmas lights on our rink, we ask everyone to respect and not damage them. Lastly, we are extremely fortunate to have a great group of guys volunteering to flood and scrape our rink. When they are out, feel free to help shovel or clear the ice too. They will be flooding 2-4 times each week in order to keep our ice surface as nice as possible, we just ask that you respect their work if they ask you to leave for a flood. Flooding is usually late in the evening or in mid afternoon.

Upcoming!!! This year our goal was to get the rink up and running, share it with the community, meet neighbours and have fun! Next year we are hoping to start a hockey league or hockey tournament. Please contact me if this is something you would like to know more about, want to help or have ideas.

THANK YOU again Hampton Village Community!

Ron Laurans; HVCA Rink Coordinator  
rink@saskhvca.com



As you most likely know, Hampton Village Kinsmen Community Rink is now OPEN!! And we now have NETS!! Haven't been there yet?? The best rink in the city (we think!) is located just East of the playground in Al Anderson Park. Please remember to respect all others skating!



Supervised Skate times are:  
Tuesdays & Thursdays 6-8pm  
Saturdays 1-3pm



please note: Supervised Skate times are weather permitting - temperature between -5 and -25

A friendly reminder: the nets, lights, shovels etc have been paid for and are the property of the Hampton Village Community Association. Please do not remove the nets from the rink, or bring nets from other community rinks! We know our rink is awesome, but these are not city owned property that can be moved from other community rinks.

If you would like to help out with supervising public skate times, clearing snow or flooding the ice, please contact our Rink Coordinator at [rink@saskhvca.com](mailto:rink@saskhvca.com) to volunteer!

## ***Cross Country Skiing – a new trail in the North West...***

What was your New Year's resolution?

If it was to get more exercise, fresh air or sun, then check this out...

The City of Saskatoon has made cross country ski trails in Al Anderson Park, located in Hampton Village. Al Anderson is a long park, with beautiful trees & elevation changes– perfect for a wonderful cross country skiing experience!



Cross country ski trails are groomed and maintained by the City of Saskatoon along the east and west banks of the beautiful South Saskatchewan River and in a variety of parks and open spaces throughout Saskatoon. Call *Ski Trail Information* at 306-975-3300 (Mon-Fri) to find out more about ski locations and daily snow conditions.

The new trail in Hampton Village is a pilot project – we would love to know what you think! The City will assess the response to the trails, and will then decide if the trails will be a permanent winter feature of Al Anderson Park.

Call Jan in Community Development at 306-975-3379 to share feedback. As always, you can let us know your thoughts by emailing us at [contact@saskhvca.com](mailto:contact@saskhvca.com) or better yet: come to a meeting and let us know in person! Thank you!

# Winterizing your Family...

***In Saskatoon, blizzards are a fact of life throughout the winter months. When they hit, getting around can be very difficult, even dangerous. The Saskatoon Fire Department urges you to winterize your family by planning how you will best manage a disruption in your routine during a blizzard. An effective plan includes what you will do before, during & after a blizzard; & covers all aspects of the normal daytime & evening routine/activities for each family member. Plan to take care of your family's needs for a minimum of 72 hours during any emergency, including a blizzard.***

## **BEFORE A BLIZZARD**

- ***Check out local media for developing weather situations. It is best to anticipate a storm rather than be surprised by it.***
- ***Plan a safe place for each family member to go if they cannot make it home.***
- ***Plan a way to contact each other.***
- ***Plan to use non-voice channels like text messaging, email or social media. These use less bandwidth than voice communications and may work even when phone service doesn't.***
- ***Plan to reunite your family.***
- ***Include an alternate plan in case you don't have enough gas in your vehicle, it breaks down, or transit service is disrupted.***
- ***Have on hand at least a three-day supply of food, water and medical requirements.***
- ***Contact neighbours to see if you can work together to deal with potential problems associated with a blizzard i.e. power outage or transportation.***

## **DURING A BLIZZARD**

- ***Stay calm.***
- ***Avoid travel.***
- ***If you are safe where you are, stay where you are.***
- ***If travel is unavoidable make sure you have:***
  - enough fuel.
  - a vehicle emergency kit.
  - a winterized, reliable vehicle.
- ***Check out local media for weather updates, road conditions & level of civic services avail.***

## **AFTER A BLIZZARD**

- ***Assess the damage to your property, if any.***
- ***Check out local media regularly for the level of civic services available.***
- ***If you must travel, plan your route accordingly. The first priority for City snow clearing is to ensure movement of traffic on the freeway and major streets, access to emergency locations and Saskatoon Transit DART routes.***
- ***Be prepared to move your vehicle if you live on a designated Snow Route street/street segment.***
- ***Exercise caution and care when shovelling snow, especially during very cold weather.***
- ***Re-evaluate your family's Winterization Plan.***



## Be a Snow Angel

If your neighbour is elderly, has health concerns or mobility restrictions, lend a hand by clearing their sidewalks. And when clearing sidewalks, please exercise caution and care, especially during extremely cold weather.

If you receive help from your neighbour, nominate them as a "Snow Angel."

Visit [saskatoon.ca](http://saskatoon.ca) & search for snow angel to nominate your Snow Angel using the online form or write your story to  
Public Works, City of Saskatoon,  
222 - 3rd Avenue North,  
Saskatoon SK S7K 0J5,  
along with the name and address of your Snow Angel.

The City will send an anonymous thank-you to the Snow Angel, and enter them into monthly prize draws made this winter.



### ***Snowmobiling***

While snowmobiling is one of many cold weather activities people enjoy throughout the winter, the City of Saskatoon would like to remind residents that according to the Snowmobile Bylaw (7983), snowmobiling within city limits is prohibited.

There have been a number of concerns raised about snowmobiling in and around residential neighbourhoods, on City maintained trails and in City maintained parks. The use of motorized vehicles in these areas, such as snowmobiles, pose a serious safety hazard to everyone who uses them.

In an effort to keep everyone safe this winter season, please refrain from snowmobiling within City limits. To find out more information about where you can snowmobile, please reach out to the Saskatoon Snowmobile Club 112 at [\(306\) 373-2991](tel:3063732991).

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### ***Recycle Your Christmas Trees – by January 31st***

Every year, the City of Saskatoon sets up temporary drop-off sites to collect live trees from December 26 to January 31. Christmas trees should be dropped off unwrapped and unbound at the following locations:

- Primrose Drive Recycling Depot (next to Lawson Civic Centre)
- Edmonton Avenue Recycling Depot (at Edmonton Avenue and Avenue P)
- Meadowgreen Recycling Depot (22nd Street and Witney Avenue)
- Lowe Road Recycling Depot (Attridge Drive and Lowe Road)
- George Ward Pool parking lot (5th Street East and Grosvenor Avenue)
- Wildwood Golf Course parking lot (8th Street East)
- Doukhobor Cultural Society of Saskatchewan parking lot (17th Street West and Avenue I)

Live trees dropped off at these locations are chipped and composted or used as mulch. Artificial trees are not accepted for recycling and should be taken to the Landfill. Our live tree recycling program is designed to reduce the amount of waste that goes to the Landfill and help grow a greener Saskatoon. For more information about recycling and waste handling, visit [SaskatoonRecycles.ca](http://SaskatoonRecycles.ca).

### ***Please don't feed the wildlife...***

The City of Saskatoon is advising the public that coyote sightings have increased at various locations throughout the city. There have been no physical encounters and the City reminds people to keep their distance from coyotes and all wildlife as they can be unpredictable when confronted.

If you have any questions or concerns regarding coyotes or other wildlife within the City of Saskatoon, please contact Parks Pest Management at [306-975-3300](tel:3069753300).

Here is what to do if you have a close encounter with a coyote:

- Never approach the animal,
- Look for a way out,
- Be observant of the coyote's movement,
- Make some noise so it maintains a healthy respect for humans, and,
- Ensure the animal has an escape route and enough space to flee the situation.

Rapid expansion of the city has resulted in greater coyote sightings in Saskatoon. The animals are part of our habitat, and they travel along natural corridors such as the South Saskatchewan River valley and along rail lines. While coyotes are common in all major municipalities across Canada, it is still unusual for coyotes to enter into residential areas. However, they can be attracted to these locations if food and shelter are readily available.

Here are some tips to help avoid a **coyote encounter in your yard**:

- Never feed coyotes or leave food waste in accessible areas,
- Do not put meat, eggs, or dairy in compost bins,
- Seal off access to decks and other sheltered spaces in your yard,
- If you feed your pets outdoors, bring the food in at night, and,
- Close the gate to your yard and make sure fencing is in good condition.



*"Because our expertise makes it easy for you!"*

Magic Paint and Body has been serving the Saskatoon area for many years. Purchased just 4 years ago as a family business, we continue to offer our expertise in all SGI Repairs. We know you have been inconvenienced by an accident - let us help you get back on the road. We can handle everything for you! Once you have reported your accident to SGI we can run your car through the claim centre, order your parts and get you in a courtesy car if needed. We will get your life back to normal!

Magic Paint and Body has also branched off into Auto Sales. We are Auto Brokers and can help you find the perfect vehicle. Whether it is your 1st car, one for your spouse, child or a dream car!

It just keeps getting better! We are also selling Seadoos and are dealers of Shoreland'r Trailers!

**Magic Paint and Body is located at:**  
**B2240 Avenue C North**  
**Saskatoon, Saskatchewan, Canada**  
**Tel: (306) 652-7972**  
**Fax: (306) 652-3055**  
**<http://www.magicpaintandbody.com/>**

**COME IN FOR A FREE ESTIMATE!**

**FREE COURTESY VEHICLE!**

## SHAW CENTRE

### Aquatics Drop-in Schedule

**Winter** (January 1 - March 31, 2014)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>FAMILY SWIM (Leisure Pools). Time to enjoy the pool with families only.</b>						
10:00 AM-01:00 PM	10:30 AM-01:00 PM	10:00 AM-01:00 PM	10:30 AM-01:00 PM	10:00 AM-01:00 PM	01:00 PM-02:00 PM	10:00 AM-02:00 PM
<b>PUBLIC SWIM (Leisure Pools). Open time for everyone. *Warm-up Pool closed until 08:50 PM.</b>						
01:00 PM-04:00 PM 07:00 PM-09:00 PM	03:00 PM-04:30 PM 08:00 PM-10:00 PM*	03:00 PM-04:00 PM 07:00 PM-09:00 PM	01:00 PM-04:30 PM 08:00 PM-10:00 PM*	01:00 PM-04:30 PM 07:00 PM-10:00 PM	02:00 PM-09:00 PM	02:00 PM-08:00 PM
<b>PUBLIC SWIM (Competitive Pool). Diving boards are open!</b>						
	08:00 PM-10:00 PM		08:00 PM-10:00 PM	07:00 PM-10:00 PM	02:00 PM-05:00 PM 06:00 PM-09:00 PM	02:00 PM-05:00 PM 06:00 PM-08:00 PM
<b>PARENT &amp; TOT SWIM (Family Pool). Pool time restricted to families with children under 6.</b>						
04:00 PM-07:00 PM		04:00 PM-07:00 PM			12:00 PM-01:00 PM	09:00 AM-10:00 AM
<b>HOT TUBS</b>						
06:00 AM-10:00 PM	06:00 AM-10:00 PM	06:00 AM-10:00 PM	06:00 AM-10:00 PM	06:00 AM-10:00 PM	08:30 AM-09:00 PM	09:00 AM-08:00 PM
<b>LANE SWIM (Leisure Pool) Self-directed swimming for fitness.</b>						
06:00 AM-08:00 AM 10:00 AM-01:00 PM 09:00 PM-10:00 PM	06:00 AM-08:00 AM 10:00 AM-01:00 PM	06:00 AM-08:00 AM 10:00 AM-01:00 PM 09:00 PM-10:00 PM	06:00 AM-08:00 AM 10:00 AM-01:00 PM	06:00 AM-08:00 AM 10:00 AM-01:00 PM		
<b>LANE SWIM (Competitive Pool) (Bulkhead move Tu/Th 03:00 PM). Distances are subject to change.</b>						
06:00 AM-04:00 PM 25m 07:30 PM-09:30 PM 25m	06:00 AM-09:00 AM 50m 09:00 AM-04:00 PM 06:00 PM-09:30 PM 25m	06:00 AM-06:00 PM 25m 08:30 PM-09:30 PM 25m	06:00 AM-09:00 PM 50m 09:00 AM-09:30 PM 25m	06:00 AM-04:00 PM 25m 06:00 PM-10:00 PM 25m	10:00 AM-09:00 PM 25m	09:00 AM-11:30 AM 50m 12:00 PM-08:00 PM 25m
<b>AQUA WALK (self-directed)</b>						
06:00 AM-10:00 AM	06:00 AM-10:00 AM	06:00 AM-10:00 AM	06:00 AM-10:00 AM	06:00 AM-10:00 AM		
<b>SMART START BEGINNER AQUAFITNESS</b>						
Aqua Motion I 09:15 AM-10:00 AM		Aqua Motion I 09:15 AM-10:00 AM	Aqua Motion I 09:15 AM-10:00 AM	Aqua Motion I 09:15 AM-10:00 AM		
<b>INTERMEDIATE AQUAFITNESS</b>						
Aqua Motion II 08:15 AM-09:05 AM Deep Water Aqua Motion 08:40 PM-09:30 PM	Aqua Motion II 08:15 AM-09:05 AM 09:10 AM-10:00 AM 08:00 PM-08:50 PM Deep Water Aqua Motion 12:05 PM-12:55 PM 08:40 PM-09:30 PM	Aqua Motion II 08:15 AM-09:05 AM Deep Water Aqua Motion 10:15 AM-11:00 AM 08:40 PM-09:30 PM	Aqua Motion II 08:15 AM-09:05 AM 08:00 PM-08:50 PM Deep Water Aqua Motion 12:05 PM-12:55 PM 08:40 PM-09:30 PM	Aqua Motion II 08:15 AM-09:05 AM	Aqua Boot Camp 12:05 PM-12:55 PM	

#### LOCKER RENTALS (rates subject to change)

	Padlock	Token	Cash
1/2 locker	✓	.50¢	n/a

#### HOLIDAY HOURS, CLOSURES & CANCELLATIONS

**New Years Day (Jan 1); Family Day (Feb 17):** Facility Hours 12:00 PM-09:00 PM; Lane Swim (Leisure Pool) 12:00 PM-01:00 PM & 08:00 PM-09:00 PM; Lane Swim (Competitive Pool) 12:00 PM-09:00 PM; Parent & Tot Swim 12:00 PM-01:00 PM & 08:00 PM-09:00 PM; Public Swim (Leisure & Competitive Pool) 01:00-08:00 PM.

#### BONUS SWIM

**Tue** (Mar 25) 03:00 PM-10:00 PM; **Thu** (Jan 2; Mar 27) 01:00 PM-10:00 PM;  
**Fri** (Jan 3; Mar 28) 01:00 PM-10:00 PM; **Sat** (Jan 4; Mar 29) 09:00 AM-12:00 PM.

#### BONUS FAMILY SWIM

**Tue & Thu** (Jan 2; Mar 25, 27) 10:00 AM-01:00 PM.

Due to unforeseen circumstances, facility schedules may change. Please visit [www.saskatoon.ca/go/dropinonline](http://www.saskatoon.ca/go/dropinonline) or check with the facility for recent cancellations and additions.



# OutGROW OutPLAY.com

## Mega Kids Sale



Henk Ruys Soccer Center

219 Primrose Drive

**Saturday May 31<sup>st</sup> 830am-2pm**

**Sunday June 1<sup>st</sup> 10am-12pm**

Consignors EARN up to 80%, shop the PRE-Sale BEFORE the public & receive their cheque within 5 days! De-clutter & CA\$h in! With easy online set up & inventory management OutGROW OutPLAY makes consigning sooo easy! Visit our website for all the details [saskatoonwest.outgrowoutplay.com](http://saskatoonwest.outgrowoutplay.com)

# KIDS EAT FREE

Buy any adult entree with a drink & receive a free kids meal!

**JAN & FEB / MON-THU, 4-8PM**

**Dine in only.** Adult meal can not be a kids or seniors meal.  
For kids 12 & under.

**JERRY'S** TM ARTISAN  
BURGERS  
& GELATO

jerrys.ca  YouTube  jerrysfood

**8<sup>TH</sup> ST & GROSVENOR 51<sup>ST</sup> ST & MILLAR**  
M-F 6:30AM-11PM, Sat 7AM-11PM, Sun 8AM-11PM M-F 7AM-10PM, Sat 7AM-10PM, Sun 9AM-10PM  
**(306) 373-6555 (306) 974-6777**

**Karen Sperling: (306) 382-4490**

**Thursday, January 30th @ 7 p.m.**

Thursday, January 30th @ 7 p.m.

École St. Gerard School library

These names will NOT be posted on our website or included in our newsletter for safety reasons. If you would like a copy of the babysitter list, please apply via email to [newsletter@saskhvca.com](mailto:newsletter@saskhvca.com).

# Affinity Insurance

— Now open in your neighbourhood —

*You can find us at*

**#20 - 102 Hampton Circle**

(next door to Mac's/Subway)

- *SGL Motor License Issuer*
- *Great rates on condo and home insurance*
- *Business insurance and auto packages too!*

**Hours: Monday to Friday: 8:30 am - 5:30 pm • Saturday: 9:00 am - 4:00 pm**

**Phone: 306-933-9800   Web: [affinityis.ca](http://affinityis.ca)**

# FURRY FRIENDS ANIMAL HOSPITAL

## Business Hours:

**Monday, Wednesday, Friday 10am-7pm**

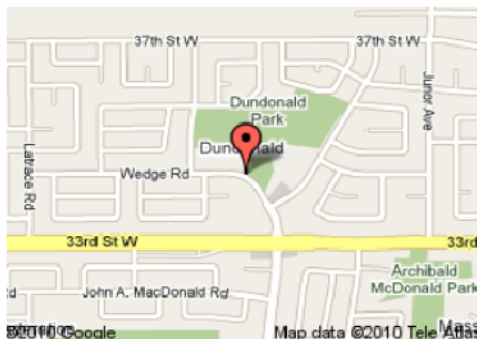
**Tuesday, Thursday 8am-5pm and Saturday 10am-3pm**

**Furry friends bring your owners for your healthcare needs:**

- ✓ Physical examinations
- ✓ Vaccinations
- ✓ Surgeries
- ✓ Dental care
- ✓ Laser therapy
- ✓ Nutrition/wt counselling
- ✓ X-ray & Ultrasonography
- ✓ Prescription diets
- ✓ Microchipping pets

**306-934-VETS(8387)**

**Drop in to see us, or weigh your pet for FREE at:  
#9-110 Wedge Road, Saskatoon, SK**



## Community Watch

Community Watch is a flexible crime prevention and crime interruption program that supports the partnering of the Saskatoon Police Service and the community in making our communities a safe place to live and work.

### Make a difference

Being involved in the dissemination and acquisition of crime related information will assist in making your community a safe place to live and work. With proper information, communities and police can work on solutions to existing problems.

### It's easy to get involved.

- Place a Community Watch sticker on your door to show your neighborhood's commitment to crime prevention.
- Do a security audit of your home or business and upgrade any deficiencies.
- Mark and photograph your property for identification
- Introduce yourself to your neighbours. "A good neighbour is one of the most effective crime prevention tools ever created"
- Share information you receive through the Community Watch network with anyone you feel may benefit from it.

### Why Report Suspicious Behavior?

The members of a community are the ones most familiar with the people, vehicles, activity and routines in that neighborhood. The community is best able to identify when something varies from the norm or isn't right.

Police seldom come across crime in progress.

Someone else may not have called the police - you can't assume they have.

### Who Should I call?

-If you see a crime in progress call 9-1-1

- To report a crime that is over with or not an emergency call 975-8300
- To anonymously report info to the police call Crimestoppers at 975-TIPS
- To report an ongoing problem in your neighbourhood call the Community Liaison Officer- Northwest - 975-2296

Make a difference in your community!

## **\*\*GARBAGE & RECYCLING SCHEDULES\*\***

Residents are reminded that in 2014, your garbage & recycling carts will continue to be emptied on the same day of the week as in 2013. Garbage Collection remains bi-weekly pick-ups until March 26th, when it switches to weekly. Carts must be placed for collection no later than 7:00am on collection day or it may be missed.

A few households may have received incorrect schedules due to a Cof S printing error on the 2014 garbage & recycling collection calendars "Let's Roll". You may reference or print the correct schedule at [SaskatoonRecycles.ca](http://SaskatoonRecycles.ca) or call 306-975-2486 for assistance & to request a new calendar.

## **\*\*NEW & EXCITING\*\***

You can now view or download your waste and recycling collection calendar, sign up for email or telephone reminders or add the schedule to your personal calendar!!

Visit: [saskatoonrecycles.ca](http://saskatoonrecycles.ca)

Click on "When is my collection day?", enter your address & follow the Instructions and you'll never have to copy the neighbors again!



## BOARD MEMBERS

Justine McCaffrey	President	president@saskhvca.com
Rob Huck	Vice President	vicepresident@saskhvca.com
VACANT	Treasurer	
Lynn Heale	Secretary	secretary@saskhvca.com
Jennifer Upton	Communications	communications@saskhvca.com
Abby Schoonmaker	Advertising	advertising@saskhvca.com
Chasity Berast	Memberships	memberships@saskhvca.com
Brent Upton	Webmaster	webmaster@saskhvca.com
Melanie Litvenenko	Youth Soccer	soccer@saskhvca.com
VACANT	Kinder Soccer	
Steve Bilan	Youth Football	football@saskhvca.com
Regan Courtney	Fitness	webmaster@saskhvca.com
VACANT	Indoor Coordinator	
Ron Laurans	Rink Coordinator	rink@saskhvca.com
Cathy Baerg	Sign Coordinator	sign@saskhvca.com
Michelle Tremblay	Member at Large	
Amanda Bryska	Member at Large	
Jason Chadney	Member at Large	
Tanner Ethridge	Member at Large	
Pam Laurans	Member at Large	
Paul Ntahondakirira	Member at Large	
Vanessa Cook	Member at Large	

## Hampton Village Community Association Advertising Rates

Full page ad \$100 Half page ad \$75 Quarter page ad \$50 Business card size ad \$25
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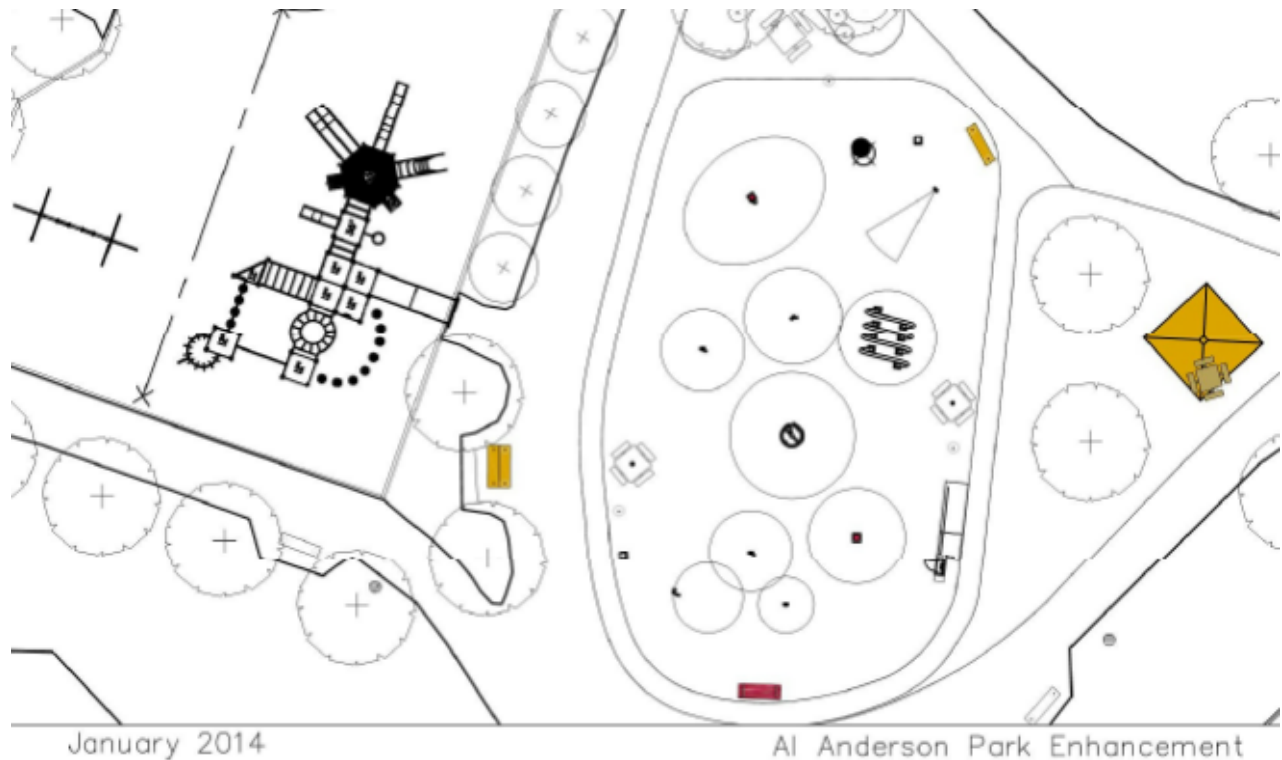
Prices are per newsletter. All ads will be published in our newsletter & on our webpage.  
Camera ready ads must be provided in pdf format.

For more information or to submit an ad, email our Advertising Co-ordinator Abby Schoonmaker at  
[advertising@saskhvca.com](mailto:advertising@saskhvca.com)

# HVCA's NEXT BIG THING!

As you know, the HVCA has been fundraising over the past few years to complete our new rink. Now that it is finally done, in use (YAY!) and FABULOUS!, the HVCA has agreed to focus our fundraising efforts on improving our park!

Currently, there are 3 picnic tables and 2 benches in the immediate area of the Spray Park, and then more benches and picnic tables on the pathways around the area.



While the decision is far from final, the proposed new Site Furniture is as follows (colored **yellow**):

- back-to-back bench between the Spray Park and Playground,
- a single bench in the north-east corner of the Spray Park,
- a snazzy Shade Structure east of the Spray Park (similar to picture below) (it stands alone and does not need to be mounted on play equipment or any other pre-existing structures - this could have a picnic table underneath or it could be left as straight grass underneath so that people can throw down a blanket & sit)
- a possible picnic table under the Shade Structure

The total cost for these improvements would be:

- 3 benches @ \$350.00 each
  - 1 Picnic Table @ \$1400.00
  - 1 "Cooltoppers" Shade Structure @ \$3,700
  - Installation of all pieces = \$3400
- TOTAL = \$10,000 (approximately)



Like our ideas?? Think you can do better?? Contact us! Come to a meeting! Help us reach our goal and make Hampton Village even better!