Letter from the President:

Dear Hampton Village,

I wish everyone a great start to the new school year. So far September has offered us some beautiful weather and it's great to see so many people out walking on the paths and children playing in the parks.

Your community association worked extremely hard last year and brought some great things to Hampton Village. We have a great website, fitness programs, kinder soccer, and had a great community BBQ and garage sale, to name a few.

The HVCA is made up of only a handful of volunteers, yet they have already done so much. As our community continues to grow, so does our needs. We are currently operating at above capacity. We NEED volunteers to donate a small amount of time so that we can bring more great programming for our families. To volunteer, contact us through our website.

Our current goal and focus is to offer our neighborhood somewhere to skate this winter. We are not sure what the structure will look like yet, as we have very limited funds. However, our rink committee is hard at work planning a spot for us to lace up our skates.

I wish you all a great fall and I'll see you at the park,

Matt Ingrouille
HVCA
CALLING ALL HAMPTON VILLAGE RESIDENTS!!

Hampton Village Community Association
Annual General Meeting

October 17th @ 7:00 PM
Dundonald School Library
Everyone Welcome

Help us make Hampton Village great! Let us know what you’d like to see in our community!!

Executive Spots Available • Volunteers Always Needed

HV Rink Update!

John Halashewski has volunteered to head the HV Rink Committee. We have a good start on our funding for the rink, receiving a grant from the city, but still have a ways to go.

We still require more volunteers to help with the planning and building of the rink. The rink is to be situated on the land to the east of the Hampton Fountain on the land allocated for the Community Centre/school. The goal is to get as much done as we can this winter. If you have time, services or expertise to lend, please contact John at:

rink@hamptonvillagecommunity.com

Hampton Village Community Association Advertising Rates

FULL PAGE AD - $100.00
½ PAGE AD - $75.00
¼ PAGE AD - $50.00
BUSINESS CARD - $25.00

Prices are per newsletter. All ads will be published in our newsletter & on our website. Camera ready ads must be provided in .jpeg or .pdf format.

For more information or to submit an Ad please be in contact with Advertising Coordinator at:
advertising@hamptonvillagecommunity.com
Volunteers Needed!!

Need something to do?  
Want to get involved?  
Interested in supporting your community?  
Have a talent worth sharing?

Come out and join the Hampton Village Community Association!!

The HVCA is looking for volunteers to fill a number of positions. Join us at one of the monthly meetings to find out how you can help! Meetings are held every third Monday of the month at 6:30pm in the Dundonald School Library.

Questions? Email us at: contact@hamptonvillage

Upcoming Events

Monday, October 17, 2011
Monthly Meeting
Tuesday, October 18, 2011
Fall Boot Camps
Wednesday, October 19, 2011
Fall Boot Camps
Thursday, October 20, 2011
Fall Boot Camps
Saturday, October 22, 2011
Signing Moms
Tuesday, October 25, 2011
Fall Boot Camps
Wednesday, October 26, 2011
Fall Boot Camps

Hampton Village Saskatoon

Sound Choices  Strong Families

An Adoption and Fostering Conference with Patricia Irwin Johnston

November 18 & 19, 2011
TCU Place 22nd Street East Saskatoon SK.

Toll Free: 1.866.869.2727  www.adoptionsask.org
Spray Park

Coming Spring/Summer 2012!!

The spray park is to be located near the playground situated between the two soccer pitches. Let us know what you would like to see here. Check out neighborhood spray parks and bring us your suggestion, and we will pass them on to our City Rep.

Kinder Soccer 2011

Hampton Village had our 1st group of Kinder Soccer Players this spring with great success; with over 50 players between the ages of 3-4 participating. Great thanks to all our volunteer coaches and assistant coaches. The kids all had a blast. Many thank to Pam Laurens for starting the program here in Hampton Village. Please Welcome Jessica Craig as our new Kinder Soccer Coordinator.

www.hamptonvillagecommunity.com
Come out and enjoy some Soccer!!!
Contact Jessica for more info
Helping Hands ABC Daycare

Helping Hands abc Daycare will be opening the doors to our brand new childcare center October 3rd 2011 located at 210 Dawson Cres in the Hampton Village area. This is the first privately owned licensed childcare center of its kind!

Helping Hands ABC Daycare Center will consist of age groups ranging from Infant to Pre-School. All groups are divided into their own separate classrooms and play spaces, with highly qualified and educated staff in each room. Each Early Childhood Educator will have completed their CPR and First Aid training as well as a criminal record check.

The center will have a qualified cook on staff to provide healthy snacks and lunches, which will follow the Canada Food Guide.

Each group will follow weekly lesson plans and themes for each month, including story time, circle time, crafts, field trips, outdoor playtime.

We would love to meet you! Helping Hands is currently setting up interviews for children ages 18 months to Kindergarten age. For more information, or to arrange a tour please contact Angela or Stacey. By phone at: 979-8699 or by E-mail at: helpinghandsabc@yahoo.ca

NAVY LEAGUE & SEA CADETS

Citizenship
Sports
Band
Guard
Camp
Boat Work
Summer Employment

SEACADETS
Ages 12 – 18
Registration
Tuesday, Aug 30
7-8:30 pm
Registrations accepted all training year

NAVY LEAGUE CADETS
Ages 9 – 12
Registration
Thursday, Sept 1st 7-8:30pm
Registrations accepted until end of January

HMCS Unicorn
24th St. East & 4th Ave.
244-1434
navyleague@sasktel.net
www.navyleaguesaskatoon.org
www.navyleague.ca
www.cadets.ca

COME SAIL WITH US!

A Special offer to Thank Our Community

Redeem this coupon for Memberships as low as

$25
+ Tax
Per Month

24 Hour MECCA FITNESS
309 Fairmont Drive
Saskatoon, SK
975-0755

Some restrictions apply. Inquire in store for more details.
How important is health to you?

Most people if asked to list the most important things in their life, being healthy would usually make it on the list near the top. If you stop to think about it for a minute it makes good sense for the simple reason that if you have poor health it likely interferes with your enjoyment of all the other things on your list. Your ability to do the activities you love and spending time with family and friends is definitely a problem if you have ill health.

How much is your quality of living being negatively affected by your health?

The fact that surprises many is how much control we have over our own health through the choices we make day to day. The most important decision you can make for yourself is to do all you can to take the best care of your own body every single day. The habits you form will have significant impact on your health for good or for bad.

The best habits to develop are:

- Eating well – which means lots of fresh produce.
- Managing stress in a positive way and thinking positively.
- Moving well – which means being physically active and joints moving fully throughout their range of motion.
- Staying well hydrated – drinking water and limiting beverages that have carbonation and sweeteners.
- Getting adequate sleep – meaning that you wake feeling rested and refreshed.

Each one of the above points has vast amounts of information available. It is not about having the information. It is about taking action and putting that information to use for your own benefit to improve your quality of living. The question remains, how important is that to you?

By: Dr. Scott Harder
Harder’s Family Wellness Centre
hardersfamilywellnesscentre.ca
COMMUNITY GARAGE SALE/BBQ 2011

Thank you to all our GREAT Volunteers!!

We had another great turn out this year with over 35 garage sales participants!

Our BBQ was also a hit serving over 450 Burgers and 140 hotdogs! Way to go flippers!

Don’t Forget to Volunteer Next Year!!

PETITS PANDAS PRESCHOOL

St. Germain School
205 Montreal Avenue North
Saskatoon, Saskatchewan
S7L 3N6
Phone: (306) 659-7339

Introduce your child to the French language in a fun, supportive, and structured preschool!
- 3 and 4 year olds welcome
- Spaces in afternoon classes still available for 2011/2012
- 2 days a week for 3-year-olds; third day optional for 4-year-olds
- Taught by Mme Shawna Dubiel, B. Ed.

To request a registration package, call 664-1056 or e-mail kelyn@gmail.com.

MedWest Medical Clinic
Family Practice

New Patients Welcome

10-110 Wedge Rd
P: 979-6185
The House
resto-lounge

3730 Diefenbaker Drive  Saskatoon, SK

Monday
2 for 1 Appetizers
$4.50 pints  $3.50 Hiballs

2 99/lb wings & ribs

Friday
Money Tree
Win Cash & Prizes

TUESDAY STIRFRY $9 House Mugs ● WEDNESDAY
PANINI $4 Molson Products  Pints $4.50 ●
THURSDAY PASTA Imports & Coolers $5.25 ●
FRIDAY FISH & CHIPS $4 Hiballs ● SATURDAY
STEAK SANDWICH $4 Vodka ●
SUNDAY TACO SALAD $3.75 Happy Hour All Day

Follow us on Facebook for upcoming events

www.livethehouse.com

Ph. 306-66-HOUSE
Hampton Village Community Association Membership

Members are the cornerstone to any community. Share the feeling of community pride. When we all get involved it’s amazing what we can accomplish!

Support the HVCA by purchasing a membership for $10.00/family. Memberships are recognized by all Saskatoon Community Associations and allows you to register for programs in other communities.

Complete the attached membership form and return it to a board member, mail to:

Hampton Village Community Association
c/o Dundonald School
162 Wedge Road
Saskatoon, SK S7L 6Y4

or contact Nathan Wisser the membership Coordinator
Memberships are valid from September 1 of the current year to August 31 of the following year.

Toric General Contracting is fully licensed and insured in Saskatchewan. Using some of the best sub-trades in the city allows Toric to have a great working relationship with tradesmen and clientele.

Toric offers a number of services. Below are just a few of the more commonly requested.

- New commercial and residential builds.
- Additions, garages, decks, fences and basement finishes.
- All Renovations including kitchens and bathrooms.

Located in, but not limited to, Saskatoon. Toric services both urban and rural areas.

Call or email anytime with questions or request a quote to get your project started.

John Halashewski • 306-370-4544 • john@toricgc.com
"Because our expertise makes it easy for you!"

Magic Paint and Body has been serving the Saskatoon area for many years. Purchased just 4 years ago as a family business, we continue to offer our expertise in all SGI Repair. We know you have been inconvenienced by an accident - let us help you get back on the road. We can handle everything for you! Once you have reported your accident to SGI we can run your car through the claims centre, order your parts and get you in a courtesy car if needed. We will get your life back to normal!

Magic Paint and Body has also branched off into Auto Sales. We are Auto Brokers and can help you find the perfect vehicle. Whether it is your 1st car, one for your spouse, child or a dream car!

It just keeps getting better! We are also selling Seadoos and are dealers of Skordani's Trailers!

Magic Paint and Body is located at:
B1240 Avenue C North
Saskatoon, Saskatchewan, Canada
Tel: (306) 552-7972
Fax: (306) 652-3055
http://www.magicpaintandbody.com/

COME IN FOR A FREE ESTIMATE!
FREE COURTESY VEHICLE!

AOS Anytime Outdoor Solutions
306-227-1660
personal residential gardening
pruning and planting
commercial yard care
Kellie Welk & Antonio Molinero
<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matt Ingrouille</td>
<td>President</td>
<td><a href="mailto:president@hamptonvillagecommunity.com">president@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Josh Teibroeb</td>
<td>Vice-President</td>
<td><a href="mailto:vicepresident@hamptonvillagecommunity.com">vicepresident@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Kim Peterson</td>
<td>Treasurer</td>
<td><a href="mailto:treasurer@hamptonvillagecommunity.com">treasurer@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Stacey Cutter/Angela Congdon</td>
<td>Secretary</td>
<td><a href="mailto:secretary@hamptonvillagecommunity.com">secretary@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>John Halashewski</td>
<td>Rink Coordinator</td>
<td><a href="mailto:rink@hamptonvillagecommunity.com">rink@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Mario Degagne</td>
<td>Rec Coordinator</td>
<td><a href="mailto:rec@hamptonvillagecommunity.com">rec@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Jennifer Upton/Abby Schoonmaker</td>
<td>Events Committee</td>
<td><a href="mailto:events@hamptonvillagecommunity.com">events@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>&amp; Erin Field</td>
<td>Newsletter Editor</td>
<td><a href="mailto:newsletter@hamptonvillagecommunity.com">newsletter@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Abby Schoonmaker</td>
<td>Advertising</td>
<td><a href="mailto:advertising@hamptonvillagecommunity.com">advertising@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Brent Upton</td>
<td>Webmaster</td>
<td><a href="mailto:webmaster@hamptonvillage.com">webmaster@hamptonvillage.com</a></td>
</tr>
<tr>
<td>Nathan Wisser</td>
<td>Memberships</td>
<td><a href="mailto:memberships@hamptonvillagecommunity.com">memberships@hamptonvillagecommunity.com</a></td>
</tr>
<tr>
<td>Jacqueline Peters</td>
<td>Member at Large</td>
<td></td>
</tr>
<tr>
<td>Natalie &amp; Derek Gran</td>
<td>Members at Large</td>
<td></td>
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<tr>
<td>Shar-Lee Haichert</td>
<td>Member at Large</td>
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<tr>
<td>Volker Polan</td>
<td>Member at Large</td>
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<tr>
<td>Heidi Langford</td>
<td>Member at Large</td>
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</tbody>
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Contact Hampton Village Community Association at:

contact@hamptonvillagecommunity.com

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**Want a Fun Day in the Park??**

The Hampton Village Events Committee would like to organize a
“Family Fun Day In the Park”
next year. In order to do that we need lots of volunteers to both help
plan/organize as well as be active the day of.
If you have time, experience or even just want to help and be part of your
community please be in contact with the events committee at:

events@hamptonvillagecommunity.com
Cam Broten
MLA for Saskatoon Massey Place

Standing up for the priorities of Hampton Village families

It’s an honour to serve this community and to work for positive change that benefits you and your family, including a new school for Hampton Village, more childcare spaces, and improved health care.

Office: 511-F 33rd Street West
P: 384-7200  E: cbroten.mla@sasktel.net

Cam Broten

www.cambrotenmla.ca
Fire Hall #10

Hampton Village Fire Hall is proposed to open Spring of 2012, bring with it one fire truck manned by five firefighter per shift. A Fire Station in the vicinity provides us with trained professionals who have the knowledge and experience to help us when we experience fires, medical and/or other emergencies.

A Fire Station on McClocklin Road is expected to provide the communities of Westview, Dundonald, Hudson Bay Industrial and Hampton Village with a four-minute response time.

Crime Stats – August 2011

<table>
<thead>
<tr>
<th>Date</th>
<th>Offence</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday Aug 2</td>
<td>Theft of bike under $5000</td>
<td>200 Block Mcallum Way</td>
</tr>
<tr>
<td>Thursday Aug 4</td>
<td>Theft from Vehicle under $5000</td>
<td>200 Block Klassen Cres</td>
</tr>
<tr>
<td>Tuesday Aug 9</td>
<td>Mischief under $5000</td>
<td>500 Block West Hampton Blvd</td>
</tr>
<tr>
<td>Wednesday Aug 10</td>
<td>Theft of Vehicle over/under</td>
<td>100 Block Hampton Circle</td>
</tr>
<tr>
<td>Tuesday Aug 16</td>
<td>Theft of bike under $5000</td>
<td>200 Block Coad Manor</td>
</tr>
<tr>
<td>Friday Aug 19</td>
<td>Mischief under $5000</td>
<td>100 Block Hargreaves Green</td>
</tr>
<tr>
<td>Saturday Aug 20</td>
<td>Theft of Vehicle over/under</td>
<td>300 Block Coad Manor</td>
</tr>
<tr>
<td>Sunday Aug 21</td>
<td>Breaking &amp;Enter to Business</td>
<td>200 Block McCallum Way</td>
</tr>
<tr>
<td>Tuesday Aug 23</td>
<td>Mischief under $5000</td>
<td>300 Block Mckague Cres</td>
</tr>
<tr>
<td>Tuesday Aug 23</td>
<td>Breaking &amp;Enter to Business</td>
<td>500 Block Hampton Circle</td>
</tr>
<tr>
<td>Wednesday Aug 24</td>
<td>Theft from vehicle under $5000</td>
<td>200 Block Denham Crt</td>
</tr>
<tr>
<td>Thursday Aug 25</td>
<td>Theft from vehicle under $5000</td>
<td>200 Block Dawson Cres</td>
</tr>
</tbody>
</table>

**As reported on the Saskatoon City Police site. Report all crimes by calling emergencies – 911 or non-emergencies 975-8300**

REPORT CRIMES!

The only way to increase Police presence in our Area is to report any Crimes that happen!
# Hampton Village Community Association

## Membership Form

PLEASE COMPLETE ALL THE INFORMATION AND RETURN TO A HAMPTON VILLAGE COMMUNITY ASSOCIATION BOARD MEMBER

<table>
<thead>
<tr>
<th>Adult Names:</th>
<th>Check if interested in . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. ___________________________</td>
<td>___ Volunteering for events/activities</td>
</tr>
<tr>
<td>2. ___________________________</td>
<td>___ Executive position</td>
</tr>
<tr>
<td>My Specific skill that I am willing to contribute is</td>
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<table>
<thead>
<tr>
<th>Children</th>
<th>Age</th>
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<tbody>
<tr>
<td>1. ____________________________________________________________________</td>
<td>-----</td>
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<tr>
<td>2. ____________________________________________________________________</td>
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</tr>
<tr>
<td>3. ____________________________________________________________________</td>
<td>-----</td>
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<tr>
<td>4. ____________________________________________________________________</td>
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</tr>
</tbody>
</table>

Volunteer positions are available for teenagers (Contact a board member if interested)

<table>
<thead>
<tr>
<th>Address: _____________________________________________________</th>
<th>Postal Code: _______________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone Number: ____________________________</td>
<td>Email Address: ____________________________</td>
</tr>
</tbody>
</table>

## MEMBERSHIP FEE:

<table>
<thead>
<tr>
<th>HOUSEHOLD - $10.00</th>
</tr>
</thead>
</table>

(Cheque made payable to Hampton Village Community Association)

*** For Office Use Only***

- Membership Number: ____________________________
- Paid By: ____________________________
- Received By: ____________________________

MEMBERSHIPS HELP PAY FOR PROGRAMS, EVENTS, AND FACILITY MAINTENANCE
Keep Your Family Cool This Summer

CALL FOR A FREE ESTIMATE TODAY

Financing Available

Carrier

turn to the experts

SaskEnergy Network Member

McGill’s

PLUMBING, HEATING & AIR CONDITIONING

CALL NOW: 664-3050